

APRIL 2021



**PRINCIPAL**

Kevin Merkley

**VICE-PRINCIPAL**

Sumir Bansal

**SUPERINTENDENT**

Clelia Della-Rovere

**TRUSTEE**

Ron Lynn

**School Day Schedule**

8:45 am Entry

8:55-10:35

Learning Block

10:35 - 11:05

Recess

11:05– 12:45

Learning Block

12:45-1:45

Lunch

1:45-3:25

Learning Block

3:25

Dismissal

# The Stonebridge Story

Website: <http://www.yrdsb.ca/schools/stonebridge.ps>

Email: [Stonebridge.ps@yrdsb.ca](mailto:Stonebridge.ps@yrdsb.ca)

Follow us on twitter: @StonebridgePS

## A Message from the Administration

Welcome to April! We hope everyone is looking forward to their Spring Break from April 12th to 16th. We can't wait for Spring and warmer weather!

Recently at our Student Government meeting, we had 6 groups of Class Senators share their learning journey with each other virtually via Google Meet. They shared learning about implicit bias, the importance of International Women's Day, racism and anti-bullying learning that students have been or are doing in class. We are very proud of the work our students are doing talking about identity and issues that are affecting our world and the outcomes of others. We also hope that the learning taking place here at school is inspiring rich conversation at home as well!

For our Muslim students and staff, Ramadan will be starting on or about April 12th and will last for 30 days. As a staff we are thinking about how we can support our students and staff who are observing Ramadan by providing Quiet Space (which is available to students at all times) for prayer or reflection, and will provide students with a space during lunch time to be separate from classmates as many Muslims fast during this time following COVID-19 safety protocols. We would ask that if your child will be observing Ramadan, that you complete [this short Google Form](#) so that we can provide the accommodations your child needs during this time. Feel free to contact Mr. Bansal ([sumir.bansal@yrdsb.ca](mailto:sumir.bansal@yrdsb.ca)) or Mr. Merkley ([kevin.merkley@yrdsb.ca](mailto:kevin.merkley@yrdsb.ca)) if you have any questions. We would also encourage our whole school community [watch this video](#) created by our students sharing their thoughts and feelings about what it means to be Muslim and how our community can support them.

Our next School Council meeting will be taking place on April 6th from 6:30 to 8:00pm. Please RSVP through this [Google Form](#) to have the link and slides for this meeting shared with you. The minutes from the February 1<sup>st</sup> School Council Meeting is now posted online <http://www.yrdsb.ca/schools/stonebridge.ps/SchoolCouncil/Documents/February.pdf>.

We appreciate that many of our EVS and F2F families ordered Stonebridge Spirit Wear. We have placed the order and it will take 4-5 weeks for the clothing to be prepared, delivered and organized to be delivered to you. Thanks for your patience as we need to do things differently during this time.

If you have any specific requests for the placement of your child for next year, Please send your request to Mr. Merkley ([kevin.merkley@yrdsb.ca](mailto:kevin.merkley@yrdsb.ca)) or Mr. Bansal ([sumir.bansal@yrdsb.ca](mailto:sumir.bansal@yrdsb.ca)) by May 1<sup>st</sup>. Please keep in mind that parents should not be requesting specific teachers or particular grade arrangements (single/combined grades) as teaching positions and school organization changes every year. Please describe your child's learning profile and the type of teaching style that will support your child (e.g. My child requires a lot of structure, My child learns best through the Arts, my child is strong in Literacy but needs more support in Math, etc.)

Your partners in education.

Sumir and Kevin

Continued on next page ...

# A Message from the Administration continued

欢迎来到四月份！希望大家每一位在期待春假在四月十二日到十六日的來臨。我们真的期待春天和夏天的天气！

最近在我们的学生政府会议上，我们有六个班代表通过视象会议互相分享他们的学习之旅。他们分享学习什么是潜意识的偏見，国际妇女节的重要性，在班上学生们已正在学习有关种族歧视和反欺凌。我们为学生们所做的而傲，特别谈到身份认同和有关影响著世界上的各种因应而生的事件。我们希望在学校的讨论能启发学生在家有更多丰富的谈话。

我们的穆斯林学生和教职人员，华玛丹节将在四月十二日开始的三十天。作为教职人员，我们正在思考如何支持庆祝华玛丹节的学生和教职人员，我们会提供一个静想地方（亦是给学生全天开放）作祈禱或静想之用，亦作为午饭时间，让穆斯林学生按预防新冠病毒措施，和其他学生分开好让他们在这段华玛丹节日期间进行断食。如果您的孩子是庆祝华玛丹节日，请填写此网表[this short Google Form](#) 交回，让我们作出相应配合安排。如果有问题查询，随时联系Bansal副校长[sumir.bansal@yrdsb.ca](mailto:sumir.bansal@yrdsb.ca)，或Merkley 校长[kevin.merkley@yrdsb.ca](mailto:kevin.merkley@yrdsb.ca)

我们鼓励全校所有学生和家庭参看这个我们学生制作的短片[watch this video](#) 分享他们对这节日给穆斯林的感受和回应，和我们社区如何支持他们。

我们的下次学校家长委员会会在四月六日下午六時三十分至八時 进行。请填写网表[Google Form](#)回复，收到您的回复，我们会分享有关连接和会议灯片。

我们感谢很多网课家长和在校上课家长订购石橋校衣。我们已经订购，会在四至五周内送到学校，安排妥当会通知如何领取，由于疫情时间，谢谢大家的耐心等待，因为会有不同的处理安排。

如果您有任何特定对孩子明年班级安排有什么要求，请向校长Mr Merkley 在五月一日前提出。请记住，家长不应要求特定的老师或特别的班别（单级/混合班）因为教师职位和学校架构每年会有更新。请形容可支持您孩子的学习模式特点和需要教导的形式。（例如，我孩子需要特别多的指示方式，我孩子会以美艺学习更好，我孩子的语文比较强但数学需要多一点支持，等）

您的教育伙伴

Sumir 副校长and 和Kevin校长

# DAILY COVID-19 SCHOOL AND CHILD CARE SCREENING REMINDERS

Dear York Region parents and guardians:

Thank you for continuing to screen your children before sending them to school and childcare every day. As expected, by moving to a one symptom screen we are noticing more schools having cohorts dismissed, helping to keep COVID out of the schools and the school community safe. We want to thank you all for your commitment to these public health measures designed to keep our loved ones safe.

We still need your help though by following these important reminders which are in place to ensure children aren't bringing COVID into the school or childcare setting:

- If a student/child/staff/essential visitor is symptomatic, or has a household member who is symptomatic, they are required to stay home without exemption, even for essential reasons (except for medical care), until the symptomatic individual tests negative. **This means they should NOT be attending school or childcare.**
- If a student/child/staff/essential visitor is in a dismissed cohort or has been identified as a high risk close contact, they are required to stay home without exemption, even for essential reasons (except for medical care), for the duration of the self-isolation period outlined in the dismissal letter, or as advised by York Region Public Health. **This means they should NOT be attending school or childcare.**
- If a student/child/staff/essential visitor lives in a household with someone who is part a dismissed cohort or has been identified as a high risk close contact, they are required to stay home from school and child care for the duration of the self-isolation period of the affected household member. **This means they should NOT be attending school or childcare.**
- If a student/child/staff/essential visitor has travelled internationally, or lives in a household with someone who has travelled internationally within the last 14 days, they must stay home, without exemption, from school and child care for the entire isolation period of the traveller. **This means they should NOT be attending school or childcare.**

Please remember to complete the daily screen found at [www.york.ca/safeatschool](http://www.york.ca/safeatschool) and thank you for your ongoing commitment to keeping schools and child care centres safe!

PUBLIC HEALTH  
1-877-464-9675  
TTY 1-866-512-6228  
[york.ca](http://york.ca)





# Indigenous COVID-19 Vaccine Clinics



## Simcoe Muskoka, York, & Durham Regions

First Nations, Métis, and Inuit community members can choose to get their vaccines at immunization clinics run by their local public health unit or at Indigenous community clinics when available.

To book through your public health unit, check their website:

Simcoe Muskoka: [www.smdhu.org](http://www.smdhu.org)

York Region: [bit.ly/IndigenousYR](http://bit.ly/IndigenousYR)

Durham Region: [www.durham.ca/vaccineappointment](http://www.durham.ca/vaccineappointment)

### Simcoe Muskoka Region COVID-19 Vaccines

**Barrie and Area: March 30 2021**

Holly Recreation Centre

Booking: [bit.ly/BarrieBookings](http://bit.ly/BarrieBookings)

You can also book an appointment for a different day and location at [www.smdhu.org](http://www.smdhu.org)

If you need help booking online, call a Vaccine Coordinator  
Monday to Friday at:  
705-818-0575 (9-5pm)  
705-790-9863 (11-6pm)  
705-790-9986 (11-6pm Tu-Sa)

### York Region COVID-19 Vaccines

**March 29 2021 and March 30 2021**

Town of Georgina – Georgina Ice Palace

City of Richmond Hill – Richmond Green Sports Centre

Booking: [bit.ly/IndigenousYR](http://bit.ly/IndigenousYR)

You can also book an appointment for a different day and location at [bit.ly/IndigenousYR](http://bit.ly/IndigenousYR)

### Durham Region COVID-19 Vaccines

**Book an appointment online**

All Indigenous can book an online appointment to receive the COVID-19 vaccine by visiting [www.durham.ca/vaccineappointment](http://www.durham.ca/vaccineappointment) or use the Call Centre Booking Line at 1-888-444-5113



Check with your local public health unit about the requirements to book a vaccine appointment in your region.

Stay in your region to receive the vaccine. Limit the spread of coronavirus by limiting travel between regions.

# MEMO TO INVITE INDIGENOUS ADULTS AND FAMILIES FOR VACCINATION

Friday, March 19, 2021

Dear Indigenous Peoples of York Region,

York Region Public Health invites all Indigenous adults and families who are residents of York Region to receive COVID-19 vaccination.

Indigenous residents (18 years of age and older) are identified as a first priority group for COVID-19 vaccines. First Nations, Métis and Inuit adults living in York Region (on or off-reserve) are eligible to book an appointment for vaccination at [york.ca/COVID19Vaccine](https://york.ca/COVID19Vaccine)

Indigenous residents (18 years of age and older) can book an appointment for the COVID-19 vaccine at any one of the four community clinics operated by York Region Public Health:

- Town of Georgina – Georgina Ice Palace
- City of Richmond Hill – Richmond Green Sports Centre
- City of Vaughan – Maple Community Centre
- City of Markham – Aaniin Community Centre – *opening Tuesday, March 23, 2021*

York Region Public Health will also be opening a community vaccination clinic specifically for Indigenous residents and their household members:

- Dates: Monday, March 29 and Tuesday, March 30
- Clinic Locations: [Georgina Ice Palace](#) and [Richmond Green Sports Centre](#)
- Time: 9 a.m. to 6:30 p.m.

A community-led initiative, York Region Public Health is collaborating with our Indigenous partners designed to provide a clinic that is timely, accurate, trauma-informed and includes culturally sensitive support. Staff at the clinic have received Indigenous cultural competency training to help provide a safe space and create a welcoming environment.

## IMPORTANT INFORMATION

If you identify as Indigenous, please provide identification when arriving for your appointment.

Acceptable forms of identification include:

- Status Card
- Band Membership Card
- Metis Citizen Card
- Land Beneficiary Card
- If you do not have these pieces of documentation, you can get supporting documentation from an Indigenous organization you are affiliated with OR self-identify at the time of booking/arriving at the clinic

### PUBLIC HEALTH

1-877-464-9675

TTY 1-866-512-6228

[york.ca/COVID19Vaccine](https://york.ca/COVID19Vaccine)



Local Indigenous service organizations (e.g., Native Friendship Centre) can support with identification documentation that will be accepted at the vaccine clinic. Indigenous residents should contact their support organization. See below for contact information:

- Enaahdig Healing Lodge and Learning Centre: 705-534-3724
- Orillia Native Women's Group: 705-329-7755
- Georgian Bay Métis Council: 705-526-6335
- Biminaawzogin Regional Aboriginal Women's Circle: 705-326-3900
- Georgian Bay Native Women's Association: 705-527-7043
- Barrie Native Friendship Centre: 705-721-7689
- Georgian Bay Native Friendship Centre: 705-526-5589
- Mamaway Wiidokdaadwin Primary Care Team Barrie: 705-721-9554
- Mamaway Wiidokdaadwin Orillia Clinic: 705-259-9520
- S.U.N Housing: 705-737-3532

Self-identification is also acceptable if you are unable to obtain documentation from a support organization.

Non-Indigenous household members (18 years of age and older) of the Indigenous person are also eligible to receive the vaccine. This is to make sure everyone living in the same home is protected.

## TO ACCESS THE COVID-19 VACCINE

- Visit [york.ca/COVID19Vaccine](https://york.ca/COVID19Vaccine) and select any of the following clinic locations to book an appointment:
  - Town of Georgina – Georgina Ice Palace
  - City of Richmond Hill – Richmond Green Sports Centre
  - City of Vaughan – Maple Community Centre
  - City of Markham – Aaniin Community Centre – opening soon
- **New appointments and clinic locations are being added as vaccine supply becomes available in York Region; we encourage you to check back often**
- Each eligible individual is required to book their own COVID-19 vaccination appointment online; telephone support is available and is listed under the applicable clinic
- Vaccines are available by appointment only; do not visit a clinic site without a scheduled appointment, or if you do not meet the current eligibility, as you will be turned away
- Please bring the following items to your vaccination appointment:
  - Your Ontario Health Card (OHIP) if you have one
  - Photo identification
  - Identification of Indigenous status, if available, as listed above
  - Proof of address in York Region
- Public Health takes vaccine prioritization seriously; providing false information may result in cancellation of your appointment

## REMINDER

Continue to follow public health measures, including use of appropriate PPE (e.g., masks) and physical distancing, after you receive your vaccine.

# Budget Consultation Process

## Budget Consultation Process for Families and Community Members

Between April 7 and April 29, York Region District School is inviting families and community members to participate in its annual budget consultation process. The Board values public input and encourages public participation in virtual [consultation sessions](#) and an online survey. These consultation sessions provide the Board with valuable information about how the community would like to see the school board budget allocated to better support student achievement and well-being. The results will be used to inform the 2021-22 school year budget allocation.

The dates and times of the virtual consultations are:

- **Wednesday, April 7, 7:00 p.m. - 9:00 p.m.**
  - Please register for this Public Budget Consultation Session at: <https://attendee.gotowebinar.com/register/3150347517880291084>. After registering, you will receive a confirmation email containing information about joining the webinar.
  - Public, listen only, telephone access to the webinar is via 647-497-9368 and entering Access Code 490-736-992.
- **Monday, April 26, 7:00 p.m. - 9:00 p.m.**
  - Please register for this Public Budget Consultation Session at: <https://attendee.gotowebinar.com/register/3227105524126939660>. After registering, you will receive a confirmation email containing information about joining the webinar.
  - Public, listen only, telephone access to the webinar is via 647-497-9389 and Access Code 149-846-166.

YRDSB has created a survey to gather community feedback into the process. The survey will be available for completion on the Board [website](#) April 7 - April 29, 2021.

YRDSB values community input and is working to increase transparency and understanding of its budget process. Questions regarding the budget process may be directed to [Budget20212022@yrdsb.ca](mailto:Budget20212022@yrdsb.ca).

# Visit Our New Website

## Visit our new website

YRDSB has refreshed its Board website to make it easier for families to find the important information they are looking for at [www.yrdsb.ca](http://www.yrdsb.ca).

The new website has been designed to be mobile friendly, translatable, accessible, searchable, easy to navigate and to better reflect York Region District School Board and our community. This includes:

- Built-in translation tool
- Enhanced search capabilities
- Built-in accessibility features to meet accessibility legislation
- Revised navigation based on user testing, website analytics and research

Quick access to six of our most accessed pages, including school calendars and school transportation information.

The new website also includes:

- A [Family Resources](#) that provides quick access to online tools like Edsby, Google Classroom and School Cash Online, as well as links to information about translation tools, IT support for families and more. Use the “need help” button to access tips and support in using these tools.
- Updated [Online Student Tools](#) pages provide quick access to students to online learning platforms and resources to help with homework. Use the “need help” button to access tips and support in using these tools.
- An enhanced [newsroom](#) with access to the latest news, events and videos so you can find out what’s happening around our Board.
- Easy access to information about [supports for students](#), [elementary school](#) and [secondary school](#) programs, [adult learning opportunities](#) and more.

Information about COVID-19 and schools, including update information, screening tools and frequently asked questions can still be found at [www.yrdsb.ca/school-reopening](http://www.yrdsb.ca/school-reopening).

We hope that the website makes it easier for families to find and access the information you are looking for. When you visit the new website, please take the time to share your feedback, so we can continue to ensure our website meets the needs of the community we serve.



MARKHAM AFRICAN CARIBBEAN CANADIAN ASSOCIATION **PRESENTS:**

**DESIGN YOUR FUTURE** BLACK YOUTH LEGACY CONFERENCE **2021**




**GENERATIONAL WEALTH**

REGISTER TODAY: [www.macca1987.com](http://www.macca1987.com)

**JOIN US ON**  
**APRIL 17, 2021**  
**AT 11:00 AM**  
 (Conference targeting  
 ages 14-24 yrs)

## Holocaust Memorial Day – Yom HaShoah

April 8th, 2021, is Holocaust Memorial Day or Yom HaShoah. A Virtual Cross-Canada Yom HaShoah Commemoration will be available on April 8th, 7:00pm. This is a day set aside to remember the horrors of the Holocaust, and in particular, the murder of 6 million Jews by the Nazi Regime. While Yom HaShoah was born out of a desire for the solemn commemoration of lives lost, it has grown into a celebration of resistance and struggle for human dignity in the face of unspeakable Nazi cruelty. Intentionally, the date aligns with the historic Warsaw Ghetto uprising, which saw thousands of Jews fight back against Nazi oppressors.

## World Autism Acceptance Month

This year the York Region District School Board (YRDSB) is officially launching a month-long World Autism Acceptance campaign alongside our community partners from our Special Education Advisory Committee (SEAC) Autism Ontario on April 6th. The purpose of Autism Ontario's Raise the Flag campaign is to bring attention to the triumphs, contributions and experiences of people on the Autism Spectrum. By raising acceptance we can build stronger and more inclusive communities and learning environments for students who have ASD.





Urban Alliance  
on Race Relations



Fondation Trillium  
de l'Ontario

# VOLUNTEERS NEEDED

THE COALITION FOR RACIAL EQUITY IN  
EDUCATION (CREE) IS  
RECRUITING  
PARENTS/GUARDIANS AND HIGH  
SCHOOL STUDENTS!

*Are you passionate about community organizing? Would  
you like to help combat racism in the education system?  
Do you live in the Durham, Peel, Toronto, or York  
region? Here is your chance to help influence education  
in Ontario!*

**APPLY BY MARCH 28TH, 2021**

Black Community: <https://bit.ly/3e93Jc9>

Chinese Community: <https://bit.ly/30d4KrE>

Muslim Community: <https://bit.ly/30bbGFR>

Tamil Community: <https://bit.ly/3sOlosD>



<https://cree-uarr.nationbuilder.com/>



## Many Faces of Markham 2021

### Theme - Working Together to Confront Anti-Black Racism

#### Contest Information

The City of Markham is committed to being a diverse and inclusive city where everyone feels welcome and a sense of belonging. A city where everyone feels they can live their best life.

The Many Faces of Markham contest is an annual initiative sponsored by the City of Markham's Race Relations Committee. This initiative supports the annual United Nations International Day for the Elimination of Racial Discrimination on March 21, 2021. It engages the community's children and youth to reflect on, and speak out against, all forms of racism to foster a community characterized by values of inclusion, belonging, equity and kindness. This year, due to COVID-19, there will not be any in person components to the contest.

#### Who can enter the contest?

- The contest is open to students who live in Markham, from kindergarten to Grade 12, by submitting writing (essay or poetry), art, video or spoken word.

#### Why participate in the contest?

- Show your support as a resident of Markham - as an individual, a family, a community, a school, or a community organization - for unity, diversity and inclusion, and human rights and ensure that everyone is free from racism in the City of Markham.
- Show your support for confronting anti-Black racism.
- Opportunity for children and youth to voice their opinions and ideas, generate discussion and promote greater understanding about racism and the impact of racism, while being recognized for their work.
- Alignment with school board goals and objectives with respect to equity and inclusivity.

#### How do I enter?

- To participate in this contest, both sides of the 2021 Many Faces of Markham Contest Application, Consent and Release Form must be completed and submitted to Sandra Allen (City of Markham) at [sallen@markham.ca](mailto:sallen@markham.ca) by Friday, April 23, 2021.
- Submissions in support of the theme "Working Together to Confront Anti-Black Racism" can be made in the following formats: writing in essay or poetry format; video; artwork; spoken word. All entries must be submitted in an electronic form (pdf or jpeg of artwork, Word document, or mp3 file) accompanied by the completed 2021 Many Faces of Markham Contest Application, Consent and Release Form.
- Writing should be one page maximum for K to Grade 8, and up to two pages maximum for Grades 9 to 12. Videos should not be longer than 90 seconds.
- Multiple entries are permitted.

#### When and how will winning students be informed?

- Winners will be notified in late May or early June through their school, community organization or directly (based on information provided in the application form).
- Each winner will receive a certificate and letter signed by Markham Mayor Frank Scarpitti.

#### Who do I contact for help?

- Sandra Allen, Human Resources Department, [sallen@markham.ca](mailto:sallen@markham.ca) or 905.477.7000 extension 2410.
- For assistance in multiple languages, call the Contact Centre between 8 AM to 5 PM at 905.477.5530.

# Many Faces of Markham

Presented by

The City of Markham Race Relations Committee

In support of the International Day for the Elimination of Racial Discrimination

Submit your art, writing, video or spoken word submission to  
Sandra Allen at [sallen@markham.ca](mailto:sallen@markham.ca) by April 23, 2021

Student-led  
anti-Black racism  
rally, June 13, 2020,  
Toogood Pond  
Park, Markham

~~RACISM~~



## Working Together to Confront Anti-Black Racism

The City of Markham is committed to being an inclusive city where everyone feels welcome and a sense of belonging. Show your support for this year's theme.

Learn more & apply: [markham.ca/ManyFaces](http://markham.ca/ManyFaces)

For assistance: Customer Contact Centre 905.477.5530



# Student Mental Health and Addictions Newsletter



## Student Mental Health and Addictions Newsletter April 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

### Social Connection and the Power of a Listening Ear

A year later, we continue to experience uncertainty with lockdowns and social distancing; we long for social interaction with peers, friends, and families beyond our immediate social circles. This month's newsletter will focus on the importance of maintaining and expanding our social connections by offering a listening ear while following Public Health guidelines.

Restrictions limiting in-person interactions have left many parents and students feeling a sense of isolation, sadness, anxiousness, and frustration, among other feelings. The importance of offering a listening ear could not be more pronounced as many feel disconnected and alone. According to [CMHA](#), 'really listening' is the key to a meaningful connection. Active listening is a part of effective communication skills that can support building a real connection with other people. It can take some getting used to, especially when behind a mask and distanced six feet apart or even behind a virtual screen.

The importance of offering a listening ear to understand what a person might be experiencing is a small act that can make a meaningful difference. [Leon F. Seltzer Ph.D.](#) explains why feeling understood is essential to our wellbeing and how it connects us to others, allowing us to feel welcomed.

Included below are some tips to build connection safely by offering a [sympathetic ear](#):

- Reach out in a manner that feels safe and follows Public Health guidelines i.e., phone call, zoom, text, and other creative ways.
- Take the time to let the other person know you are there for them. *"I am here for you. I am listening. Tell me what's on your mind..."*
- Show empathy and understanding by validating what is being said. *"I hear you, and it makes sense why you would feel this way."*
- Acknowledge their feelings.

- Be present in the moment with the person.
- Listen to understand and take the necessary time to absorb the information.
- Ask questions when appropriate. The questions should be curious, open-ended, and ones that do not contain an answer. *"Can you tell me more about what that was like for you?"*
- Pay attention to body language by facing the person to show you are listening.
- Avoid advice-giving, interrupting, making assumptions, or judgments.
- Let the conversation flow.
- Be honest about how much time you can offer to connect.

Following these tips should help you get started on building meaningful connections through the act of listening.

[School Mental Health Ontario](#) has created various resources for educators, parents and families, and students regarding supporting student mental health by developing healthy relationship skills. Check out some more tips from School Mental Health Ontario on [reaching out](#), so you can be your best to support your children.

### Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

The link below is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with the [Mental Health and Community Supports During COVID](#).

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account @YRDSB

**Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.**

Mental Health Lead

[patricia.marra-stapleton@yrdsb.ca](mailto:patricia.marra-stapleton@yrdsb.ca)

**Hoshana Calliste, MSW, RSW**

Assistant Coordinator of Mental Health

[hoshana.calliste@yrdsb.ca](mailto:hoshana.calliste@yrdsb.ca)



## Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

**Monday, April 19, 2021 6:30 pm - 8 pm**

**Panel Discussion and Q&A: Bullying Impacts and Strategies to End.**

***PARENTS' Support Group-All are welcome!***

### **VIRTUAL MEETING**

**Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult? Join us...**

**PCMH Chapter Support is inviting you to a scheduled Zoom meeting.**

**Topic: PCMH York/Aurora**

**Time: Apr 19, 2021 06:30 PM Eastern Time (US and Canada)**

**Join Zoom Meeting**

**<https://zoom.us/j/92342129990?pwd=Wms4UFEyOG0rSVdDMkRqZmUyamVIZz09>**

**Meeting ID: 923 4212 9990**

**Passcode: 394643**

**One tap mobile**

**+16475580588,,92342129990#,,,,\*394643# Canada**

**+17789072071,,92342129990#,,,,\*394643# Canada**

**Dial by your location**

**+1 647 558 0588 Canada**

**Meeting ID: 923 4212 9990**

**Passcode: 394643**

**Find your local number: <https://zoom.us/u/aiAw30O20>**

#### **Benefits of PCMH Support Group:**

- meet other parents with children who have similar challenges
  - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
  - learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit [www.pcmh.ca](http://www.pcmh.ca).

**Monday, May 10<sup>th</sup> Topic Community Resources 6:30 – 8 pm**

**Monday, June 21<sup>st</sup> Building Healthy Relationships 6:30 – 8 pm**

# Kindergarten Registration 2021—2022



Kindergarten registration for September 2021 began on Friday, January 15 for the 2021-22 school year. Children who turn four or five years old during 2021, live within the school boundary and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten.

There are several ways you can register for Kindergarten:

**Online** - Families can access the online Kindergarten registration information at [www.yrdsb.ca/kindergarten](http://www.yrdsb.ca/kindergarten). It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration. By email - Families can download the Elementary School Registration Form at [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten) and email the completed form to their school email address. Email addresses can be found on the school website.

**By phone** - Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. Call your local school.

**By mail or appointment.** You can mail completed applications to the school, or request an appointment to drop-off your completed paper application form. Families are asked to follow all school COVID-19 protocols while on site. All permitted visitors must wear a mask.

Please note, at this time, under our health and safety protocols, we cannot accept walk-in registrations. Once you have completed your application, the school will contact you to make an appointment to review and verify the required documents. Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at [www.yrdsb.ca/Kindergarten](http://www.yrdsb.ca/Kindergarten). We look forward to welcoming our new students and families to the school.

Welcome to Kindergarten Night will be held online at Stonebridge on Thursday, May 13th from 4:00 to 5:00pm. Link for online session will be sent to families closer to the date in May.